

3rd Place middle

2014-2015 Heart to Heart

Middle School Essay Contest

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People are called human beings. They should be treated how you want to be treated. This is called respect. No one should be mistreated, called names and ignored. They are more like you than you think. Everyone is born with a nose, eyes, hair, head, body and a heart. What I'm trying to say is people are all similar in a way. Everyone has feelings, and you should respect those feelings. Yeah, everyone is different, but it's not funny to make fun of them. No one should experience that kind of hurt. They should experience respect. Think if you were elderly and needed help. Then someone volunteered to help you clean the house, grocery shop, or just spent time with you. It would feel like you won a lottery.

Imagine if you were disabled, elderly, or really sick and you were placed in a nursing home or hospital. Well, I imagined it. I felt so depressed and thought to myself, "All the fun is over all ready? What is happening to me? I feel so alone." If I were visited by family and friends, the one thing I would remember would be the worried looks on their faces. I would feel special and unique being the treasure I am, but some people wouldn't see me that way and that would make me feel not welcome. There are people out there feeling like this, and I'm going to find a way to stop them from feeling hurt and make those people feel better about themselves. To make people feel good makes me feel better. We are a community, a team, and we should take care of each other and make sure everyone is happy and treated with respect.

I think us as a society should help find a way to make the elderly and sick feel less alone. We should make people's lives filled with fun and adventure while it lasts with something they will enjoy which will make them incredibly happy. I have thought of some ideas I believe could make a difference. One is make them a special dinner and sing a lovely and classic song for them. Another suggestion is to give them a toy to remember their childhood or some small gift. Although, not everything is solved with a gift. Also, you could just sit with them and talk to them and ask questions about their life and childhood. Finally, you could introduce them to a cool, new technological device they are not familiar with. Anything to cheer one up is a possibility! You should just use your time to make people of any age feel happy and welcome. You should help people with anything that is hard for them to do. Make a change in someone's life and make yourself proud of what you did to make someone's life better and filled with happiness. Not everyone is the same but everyone is special, and they need to know that. **MAKE A CHANGE!**